संवेदना-2021 Vol. III Issue-2

# **Everyone is Not A friend**

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Let us swirl together in the hurricane of notions and reach out to our true friend.

## **Friend : An Illusion**

Are you a friend of anyone? Are you seriously a genuine friend? Do you perceive happiness with your friend's accomplishments? Do you yourself live up to those expectations that you have set up for your friend? Why have you chosen some people as your friend? Because they are rich? Talented? Helpful?

Do you realise that the stimulus of your connection from close or not so close friends is being prioritized by your convenience, your fascination, your discretion? Hence you don't make friends. Rather, you propose a support system for yourself. You treat friends like sidekicks and balance your journey of life from staying aloof.

Relax! Your friend is also of the same disposition, so you are not deluding anyone. We all are in that same pool of notions but then stamp it out! Accept that you have no friend. Stop adoring yourself for being a friend of others. Stop expecting, stop trusting the person who is in the uniform of a companion because here, everyone is not a friend!

#### The Armoured Charm

'Life is heavily affected by the friends we choose.'

It is a simple quote but has a deep and thoughtful meaning. The friends we make have a great influence on our lives.

We all often disdain and confront our parents for the sake of our friendship. The whole world seems to be insignificant and phoney but we consider friendship to be most precious. We believe that a friend is a virtue of morality. Sometimes we may even act like robots where our actions are controlled by our friends.

If we prioritise ourselves in a friendship then why don't we use our brain while rendering the decisions that instantly wreck the lives of our near and dear ones who genuinely care for us? I always remember my grandfather's advice to be cautious while making friends. He told me that a friend should not be a 'Fry-End'. It means that that a friend should not be one who would fry you first and then end your life discreetly.

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The elders often share their experiences of their life which are practical and we must learn from them.

#### The Desolate Soul

True friends understand our sentiments before we convey them to anyone. They can decipher the stillness behind our smile. They comprehend our situation better than others. They appreciate us in any way. I wonder why we choose strangers to share our anxieties and emotions. Why we all have a suspicion to share a profound secret with our friends? Why we all used to flaunt in front of our friends despite having an indigent monetary status? Why, despite having a long list of friends, some people commit suicide?

Is our bond so weak that one can't even expect a heartfelt solace, a listening ear, a kind blessing or a natural concern at a vulnerable stage? Would you like to call a



person your friend who makes fun of your sufferings? Would a person be your friend who can make a wall of Berlin in between if you do not adjust to his/her social stature? Or if you are not up to date, you are likely to be kicked out from his/her so-called friends' list.

A friend may not hold secrets and many of us must have experienced this. We share a deep secret with our friend and our so called friend gossips about that secret with another friend. Woah! What a bond! What a friend!

# Be Hawkeyed

'Only a genuine and true friend is enough for the whole life.'

One must be very cautious while trusting and making friends, as people often get duped and then they go through tough times. They may regret their decision in believing that person and ultimately they denounce that friendship. They want to wipe out those memories and will develop trust issues in future relationships.

Your friend must possess sort of similar qualities, likes and dislikes as you do, it will diminish the frequency of having disagreements and the friendship will last longer. Traits like honesty, empathy, humour, generosity, trust, encouragement, forgiveness and steadfastness are to be expected in a true friendship. I reckon that secrets should not be shared with anyone. Secrets should be kept as secrets because you never know when your best friend could become your biggest foe then at that time you would be in trouble.

### Yeah! That's My Friend

'Real friends are those who push you up with modesty and grace and never let you down.'

I believe if we analyse the journey after meeting our friends then it will help us in reaching out to our genuine friends. What transformations you could comprehend in the company of your friends? Have they ever criticized your work? Have they ever showed you the right track? In which direction your habits got altered?

I am sure by giving the answers to such questions we all can find our genuine friends.



In my view, there should be love, respect and belief in friendship. Rest all other things are merely a false narrative to satisfy your social status. The friendship of Lord Krishna and Arjuna is highly pertinent to this context. Arjuna had immense love and respect for Krishna and he considered Krishna as his true friend. He heeded his advice without a fail and in return, Krishna, the Lord of the Universe, not only took the position

of a Charioteer of Arjuna on the battlefield of Kurukshetra but also illustrated him the right path wiping all his qualms. When Arjuna got sliced into a perplexing dilemma, he lost his senses and was unable to take a decision, Krishna helped him to gather himself and do the right 'Karma', exhibiting the true sign of friendship.

# That's My Friend!

'A true hand of friendship can only soothe us even in this world of sufferings.'

A friend is a person who makes you feel comfortable and happy and never brigades you to take any path only for the sake of fun and entertainment. A person who has promising intentions and acts in such ways to enrich your journey is only worthy of being called a friend!

We all need that friend. Let's become someone's friend and find out a person for whom you can say – yeah! That's my friend...

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