Dr. Suman is a dedicated educator and scholar with a wealth of academic achievements and a passion for sharing knowledge. Holding a B.A. (Hons) in Political Science from the University of Delhi, she graduated with distinction in 2010, setting the foundation for her academic journey. Subsequently, she pursued an M.A. in Political Science, earning her degree in 2012, followed by a prestigious Rajiv Gandhi National Fellowship the same year. Driven by her academic pursuits, she completed her M.Phil from the Department of Political Science at the University of Delhi in 2014, showcasing her commitment to rigorous scholarship.

Her academic prowess is further underscored by her qualification in UGC-NET & JRF in 2015, solidifying her expertise in the field of Political Science. Dr. Suman's scholarly contributions extend beyond academia, with notable publications in esteemed journals such as Vidhi Bharti, a UGC-listed quarterly law journal, and the Proceedings of the Global Conference on Women's Studies, a Scopus Index listed journal. Her research focuses on critical issues, including gender studies and the portrayal of women in media, demonstrating her dedication to addressing contemporary societal challenges through academic inquiry.

In addition to her research endeavours, Dr. Suman is actively engaged in sharing her expertise through paper presentations at national seminars. Her presentations cover a wide range of topics, from the role of media in contemporary contexts to women's rights and gender equality. Notably, she presented her research on "The Portrayal of Women in Indian Television Advertisements and its Impact on Indian Women" at the 4th Global Conference on Women's Studies in London, UK, showcasing the international relevance of her work.

Currently, Dr. Suman serves as an Assistant Professor (Ad-hoc) in the Political Science Department at Maitreyi College, Delhi University, a role she has held since July 20, 2017. In this capacity, she channels her academic expertise to inspire and guide students, fostering an environment conducive to learning and growth. Beyond her professional pursuits, Dr. Suman enjoys reading books, writing articles, and indulging in the art of sketching, reflecting her multifaceted interests and creative endeavours.