

Krakow, Poland, 22 February 2025

Prof. Haritma Chopra, Maitreyi College Principal,

Dr Hema Bhandari, the Mentor, Kasturi Herbals, Maitreyi College

The University of Delhi is the leading University of India and I was very proud to be invited to lecture to some of its students under the auspices of the Erasmus+ programmes. But, much as I appreciate and value the very high academic standards of this illustrious university, I was still more impressed by some of the practical courses offered by the Maitreyi College. Indeed, I had expressly asked to have an opportunity to visit this College. The main reason for my willingness to visit the Maitreyi College were... the gifts I had received a few months earlier from a professor from the Delhi University visiting my university in Krakow. Poland. She presented me with some of the products made by the Maitreyi College students, namely, Kasturi Herbals Cold Process Soap and Kasturi Herbals Lotion Bar. Both products were excellent and it was a pleasure to use them. I have shared them with some members of my family and as I was planning my visit to India, they asked to bring them back some more of these soaps and lotion bars. When in Delhi I also wanted to learn more about the process of making the soaps and the lotion bars and I am very grateful to the Maitreyi College Principal, Prof. Haritma Chopra, for making my visit possible and for arranging the tour of the College. My special thanks go to Dr Hema Bhandari, the Mentor of Kasturi Herbals, and the Students who showed and explained to me the process of soap making. They use the cold process of soap making, which is eco-friendly, and their soaps have no synthetic preservatives or any synthetic colouring agents added. Their all natural lotion bars contain, e.g., beeswax, precious oils (avocado, almond, jojoba), shea butter, and vitamins (E and C). Needless to say, after my visit, on going back home my luggage was overweight, because of the number of soap bars and lotion bars (encased in elegant metal boxes)I purchased (for a very reasonable price) at the Kasturi Herbals, Maitreyi College. And now, whenever I use these products and smell their fragrance, I always think fondly of my visit to India. Mentors and Students of the Kasturi Herbals, Maitreyi College, congratulations on your wonderful work and excellent products!

Cordial thanks and best wishes,

Prof. Mariusz Misztal, MA (Lit.), Ph. D., habilitatus.

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